

# Unit of Inquiry: Who We Are

## Abstract Self-Portraits

August 2019

After children have been using their **Moodmeter** to tune-in to their feelings, we read the book *"In My Heart"* and discussed how important all feelings are. Following this discussion, we had a provocation where children decided how to use colored tissue paper over white paper to show their inner-self, their different feelings. After they were able to see their result, they were given transparency paper to illustrate their self-portrait and they were able to conclude that this special paper would allow their interior to be visible, as this is also part of who they are.



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## Concrete Self-Portraits

Last year, children developed a book about what they liked about themselves. We started our year by exploring what they wrote, and reflecting if they felt the same way. Some children picked the same part of their body and others changed their mind. The children were invited to explore their features with a mirror and draw their self-portrait showing in a realistic way how they look. They really tuned-in to the way the mirror showed special and unique characteristics of themselves as they thoroughly printed this with marker over the transparency.





What makes you, you?



"You must be yourself,  
I guess"

— MangKorn.





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## Our names are special

From our project with colors we watched the animated clip of “*The Dot*” and the children inferred how important the name is to a person in making someone unique. We read the book “*Chrysanthemum*” to discover more what makes a name special, relating this to identity and respect for individuality. The children did a name research with their families, and at school they shared their findings with peers, and individually developed a concept map about what makes their name special. Finally, there was an invitation to make their name in a creative and meaningful way using different lettered items. This was added to their abstract and concrete self-portraits.

